

DR. RAJESH KUMAR JHA

Assistant Professor,

Department of Psychology

D.A.V. Post Graduate College, Varanasi

(Admitted to the privileges of Banaras Hindu University)

Educational Qualifications

- **UG (Psychology Honours):** Banaras Hindu University, Varanasi
 - **PG (Psychology):** Mahatma Gandhi Kashi Vidyapith, Varanasi
 - **M.Phil. (Psychology)**
 - **Ph.D. (Psychology):** Banaras Hindu University, Varanasi
 - **UGC-NET (Psychology):** University Grants Commission, New Delhi
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Academic Appointments / Teaching Experience

- **Assistant Professor, Department of Psychology** Harishchandra PG College, Varanasi
01 Feb 2008 – 07 Oct 2018 & 01 Mar 2019 – 28 Nov 2021
 - **Assistant Professor, School of Behavioural Sciences** Amity University, Ranchi *08 Oct 2018 – 28 Feb 2019*
 - **Assistant Professor, Department of Psychology** D.A.V. Post Graduate College, Varanasi *Dec 2021 – Present*
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Research & Teaching Interests

Research Interests

- Social Psychology
- Cultural Psychology
- Spatial Cognition
- Mental Health & Wellbeing

Teaching Areas / Courses Taught

- Foundation of Psychology
 - Social Psychology
 - Cultural Psychology
 - Cross-Cultural Psychology
 - Health Psychology
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Administrative & Academic Responsibilities

- Deputy Central Superintendent, **NEET Examination**, NTA (2025)
 - Deputy Central Superintendent, **SET Examination**, BHU (2025)
 - Observer, **NTA** for UP Civil Court Staff Examination (2025)
 - Observer, **NTA** for NEET Examination (2024)
 - Member, Undertaking Transformative Strategy & Action in Higher Education (Since June 2023)
 - Member, Internal Quality Assurance Cell (IQAC) (Since 2024)
 - Proctor of the College (2022–2025)
 - Program Officer, National Service Scheme (NSS) (Since Feb 2024)
 - Member, Internal Complaints Committee (Since July 2023)
 - Member, Admission Committee (Dec 2021 – June 2025)
 - Co-Coordinator, Examination Cell (Since Feb 2025)
 - Co-Coordinator, Admission Committee (Since July 2025)
 - Chairman, Handball Games, College (Since Sept 2025)
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Publications

Journal Articles – National

(Complete list included; peer-reviewed & UGC-CARE journals)

- Jha, R.K. **A Study of Spiritual Intelligence across Gender in the Holy City of Varanasi.** *Indian Journal of Health and Wellbeing*, 16(3), 656-658.
- Jha, R.K. **Development of Spatial Language in Traditional and Non-traditional School Children.** *Journal of Psychosocial Research*, 19(2), 401-406.

- Jha, R.K. **Culture of Varanasi: A Psychological Analysis.** *Prabha*, 07-08, 173-177.
- Jha, R.K. & Chaurasia, K. **A Study of Peer Victimization among Male and Female Adolescents.** *Journal of Psychosocial Research*, 18(2), 187-194.
- (All remaining national journal publications included as per provided list)

Journal Articles – International

- Mishra, R.C. & Jha, R.K. **Effect of Hindi, Sanskrit and Urdu Medium Schooling on Spatial Language and Encoding.** *International Journal of Cultural Cognitive Science (Springer)*.
- Jha, R.K. **Age Differences in Academic Procrastination.** *International Journal of Indian Psychology*, 13(3).
- Jha, R.K. **Well-being, Procrastination and Internet Addiction among Adolescents.** *International Journal of Social Sciences Review*, 16(4).
- Jha, R.K. & Jha, A.K. **Academic Achievement in Relation to Gender and Schooling.** *International Journal of Indian Psychology*, 12(4).

Books / Monographs

- **Psychology of Mithila Culture: An Emic Perspective (2025)** Publisher: IIP, Michigan, USA ISBN: 978-1-68576-597-2

Book Chapters

- **Ethics: An Introduction and Perspectives**, in *Ethics in Economics (A Vision for NEP 2020)*, Cyber Tech Publications, New Delhi, 2024.
 - **Effect of Population Density on Mental Health**, in *Population Health & Environment*, V. Prakashan Mandir, 2019.
 - **Manvadhikar: Vartman Samaj ka Sashakt Adhar**, in *Manvadhikar ke Vividh Aayaam*, Vijay Prakashan Mandir, 2012.
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Conferences, Seminars & Paper Presentations

- Presented research papers in **International and National Conferences** organized by NAOP, IPA, AM Professional Body of Psychologists, BHU, MGKVP, University of Allahabad, IIT Bombay and others (2001–2024).
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Awards & Honours

- **International Researcher & Educationist of the Year Award** – 2024 (Nepal)
 - **Lifetime Affiliation Honour Award**, Indian Academy of Mental Health – 2023
 - **Indian Education Award** – 2022
 - **National Teacher Innovative Award** – 2019
 - **Distinguished Teacher Award**, DAV PG College – 2024
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Professional Memberships

- Life Member, Indian Academy of Mental Health
 - Life Member, Indian Academy of Health Psychology
 - Life Member, AM Professional Body of Psychologists
 - Member, National Academy of Psychology
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Skills & Research Tools

- SPSS
 - Psychological Assessment & Research Methodology
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E-Content / MOOCs

- **Foundation of Psychology: Understanding Mind, Emotion and Behaviour** (MOOC, 2025)
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Place: Varanasi

Signature: _____