

## **Curriculum vitae**

Name : **Dr. Rajesh Kumar Jha**

Designation : **Assistant Professor , Department of Psychology**

Institution : **D.A.V. Post Graduate College ( Banaras Hindu University) Varanasi**

### **Personal Profile:**

**Mother's Name:** Smt. Shail Devi

**Father's Name:** Shri Satya Narayan Jha

**Nationality :** Indian

**Marital Status :** Married

**Languages Known :** Hindi , English and Maithili

**Residential address :** H. No. 1 / 12 L , 4 A , Shail Bhawan, Gangotri

**Bihar Colony Nagwa, Lanka, Varanasi – 221005**

**Mobile number and Email :** 09336417291, rajeshkjha2009@gmail.com

### **Academic Qualification:**

- M.A. in Psychology from M. G. K. Vidyapith Varanasi, in 2002.
- B.A. in Psychology (Hons.), from B.H.U. in 2000.
- Intermediate (Science stream), from U.P. Board (Allahabad) in 1996.
- High School (Science stream), from U.P. Board (Allahabad) in 1994.

### **Other Qualifications/Achievements:**

- Ph.D. in Psychology from B.H.U. Varanasi
- U.G.C. - NET (Psychology)
- Award : NATIONAL TEACHER INNOVATIVE AWARD'2019

**Teaching Experience:** More than 13Years (UG & PG classes)

### Research Articles/Papers published in Journals /Conference proceedings

1.	Effect of Hindi, Sanskrit and Urdu medium schooling on spatial language and encoding, online vol 1, pp. 9-20	Internati onal Journal of cultural cognitive science (Springer ) New York	ISSN 2520100X
2.	Spatial language in hindi, sanskrit and urdu medium school students	Annals of multidisciplinary: An International Refereed Research Journal, pp.496-500	ISSN 2249-8893
3.	Mental Health of UG and PG students	Shodh Prerak: An Internati onal Refereed Research Journal,pp. 398-401	ISSN 2231-413X
4.	Job Satisfaction-Level among Male and Female School Teachers	Shodh Prerak: An Internati onal Refereed Research Journal, pp. 218-220	ISSN 2231-413X
5.	Social media and youth	Vaicharik i: An Internati onal Refereed Research Journal, pp.144-147	ISSN 2249 – 8907
6.	A Psychological review of mental health	Jigyasa:A Refereed Research Journa, pp.412-414	ISNN 0974-7648
7.	Crowd and stress	Sodh Pravah:A Refereed Research Journal, pp.157-159	ISSN 2231-4113
8.	Occuapational stress of teachers	Annals of multidisciplinary: An Internati onal Refereed Research Journal, pp.287-289	ISSN 2249-8893
9.	Subjective Wellbeing and Social Support of People Living with HIV/AIDS (PLHIV)	Indo-Indi an Journal of Social Science researcheS, pp.38-43	ISSN 0975-1343
10.	Perspective taking in students	Jigyasa:A Refereed Research Journal, pp.36-43	ISNN 0974-7648
11.	Social conformity & Locus of control of people living with HIV/AIDS	Shodh Prerak: An Internati onal Refereed Research Journal.PP. 110-115	ISSN 2231-413X
12.	Adverse Effect of Air Pollution on Human	Jigyasa:A Refereed Research Journal,pp.396-	ISNN 0974-7648

	being	398	
13.	How Mass Media Influences Psychosexual Behaviour	Sodh Pravah:A Refereed Research Journal.pp.396-98	ISSN 2231-4113
14.	Overview: Leading Indian Social Media Annual Issue,2015	Communicology: Refreed Research Journal. pp 106-111	ISSN: 23486554
15.	HIV/AIDS and Human Rights	Indo-Indian Journal of Social Science researche.PP.96-100	ISSN 09751343
16.	Yuva- varg ka Antardwand	JyotishmaTI,PP.24-25	ISSN 2349-1345
17	Mental Health and Healthy Life Style	Cikitusi. Peer reviewed Research journal, pp. 95-98	ISSN 0975-6876

### Chapters contributed in edited books

S N	Title of chapters	Title of the books	Name of	Year of Publication
3	Effect of Population density on Mental Health	Population Health & Environment	S.B.P.G. C. Varanasi	2019
2	Manvadhikar: Vartman Smaj ka Sashakt Adhar	Manvadhikar k Vividh Aayaam	Vijay Prakashan Mandi	2012
3	Vartman Pariprekshya me Yuva aur Gandhi ki Prasangikta	Gandhi Chintan k Samajik Sarokar	Vijay prakashan, vns	2012

## Participation in International Conference/Seminars:

Sl. No.	TITLE	YEAR	Particulars of Publication/Presentation
1	Importance of Parenting style in child development	2020	International conference on Community Psychology, Organised by St. Welfred PG College, Jaipur
2.	Electronic Media ki Bhasha ka Manobhashatmak Vishleshan	2017	International Conference on mass communication, Organised by: MGKVP Varanasi and MGAHV, Vardha
3.	Sahityik Samvedna avm Naitik Mulya	2016	International Conference on Hindi Sahitya me Sanskritik Samvedna aur Mulya Bodh, Organised by: SBPG College, and Sahitya Academy, New Delhi
4.	Assessment of Spatial Language in Hindi, Sanskrit and Urdu medium School Students	2014	International Conference of Indian Psychological Association, Organised by: Indian Psychololgical Association, Magadh University, BodhGya, Bihar
5.	How stress correlates with Mental Health	2005	International Conference on Stress, Organised by: Academic Committee, M.G.K.Vidyapith, Vranasi.
6.	Psychological dimensions of Ambedkar	2018	National Conference on Bhartiya priprekshy me baba sahib ka chintan, Organized by: Universal communication media centre, Lucknow
7.	Social adjustment of physically challenged people	2018	National seminar on Violence against women and children with disabilities.
8.	Mental Health & Crowding	2016	National Conference on Psychology and Society Today: Contemporary Issues and Interventions, Organized by: Deptt of Psychology, MGKVP, Varanasi
9.	Role of Life Skills in Mental Health and Well-being	2016	National Conference on Psychology and Society Today: Contemporary Issues and Interventions, Organized by: Deptt of Psychology, MGKVP, Varanasi
10.	Spatial Language in Hindi, Sanskrit and Urdu medium Schoo	2014	National Conference on Role of Community Psychology in Creating Well being Under the aegis of Community Psychology Association of India, Organized by: Deptt. of Psychology, University of Lucknow, Lucknow

11.	Subjective well being and Locus of Control of HIV.AIDS	2012	National Conference on Mental Health & Well being:Recent trends & interventions, Organized by: Deptt of Psychology, Agra College, Agra
12.	How to Stop Gender based Violence	2010	National Seminar on Role of Men in Stoping Gender Based Violence, Organized by: M.Gandhi Kashi Vidyapeeth & S.B.P.G.College, Badagaon, Varanasi
13.	Descriptive Analysis: Online Counslling	2010	National Workshop on Application of IT in Counselling and Guidance. Organised by Deptt.of Psychology, HCPG College, Varanasi,
14.	Negative Effect of Stress on Youth	2010	National Conference on Guidance & Counselling for the Stress Ridden Youth: The Present Day Need of the Society. Organised by: Deptt. of Psychology, Arya Mahila P.G.College, Varanasi
15.	Perspective taking in Hindi and Sanskrot School students	2006	16th National Academy of Psychology Conference, Organized by: IIT Bombay, Mumbai
16.	Role of Sports psychologist in Sports	2002	15 <sup>th</sup> National Conference of Sport Psychology Association of India. Deptt. Of Psychology, Kumaun University, Kumaun
17.	Need of Clinical Approach to New Generation	2001	National conference on Research in Clinical Psycholog, Organised by: All India Institute of Medical Sciences, New Delh
18.	The Importance of Human Rights in the Context of HIV/AIDS & the Role of NGOs	2010	National Seminar on Manvadhikar, Organized by: S.B.P.G.College, Badagaon, Varanasi
19.	Examining the Influence of Emotional Intelligence and Mental Health of Students	2012	National Conference of IAPP, Organised by: Deppt. Of Psychology, M.G.K.Vidyapith,Vranasi

20	Spatial Language, Encoding and Perspective Taking in Hindi-, Sanskrit- and Urdu-medium School Students	2006	In Second International Conference on Cognitive Science.  Organized by: Centre for Behavioural and Cognitive Sciences, University of Allahabad, India.
21	Sanskrit evm Urdu shilsha k mnobhashatmk prabhav	2019	National Conference on Shiksha, Darshan aur Samaj. Organized by: Vidyashree nyas, Varanasi, Reasearch council, New Delhi

### **Workshops/Orientation Courses:**

1. **70<sup>th</sup> Orientation Course from Jan 06- Feb 02, 2015** at the UGC-Academic Staff College, BHU, Varanasi (UP).
2. **Seven days National Workshop on Psychological Effects of Gandhian Thought on Individual Transformation and Reconstruction of Society, 2013**, Organized by Department of Psychology, D.A.V .P. G. College, Varanasi.
3. **Seven days National Workshop on Ambedkar aur Samajik Nyay: Vartmaan Pridrishya, 15<sup>th</sup> Feb—21<sup>st</sup> Feb, 2016**, Organised by: Ambedkar study centre, S.B.P.G.College and H.C.P.G. College, Varanasi.
4. **Seven days National Workshop on Gandhi aur Gaanv, 12<sup>th</sup> March—18 March, 2012**, Organised by: Gandhi study centre, S.B.P.G.College, Varanasi.
5. **Seven days National Workshop on Public Relations and Journalism, 29<sup>th</sup> Jan—04 Feb, 2011**, Organised by: Deptt. of Journalism & Mass communication, Mahatma Gandhi K. Vidyapeeth, Varanasi.
6. **National Workshop on Application of Information Technology in Counselling and Guidance, Oct. 23-24, 2010**, Organised by: Deptt. of Psychology, Harishchandra P.G.College, Vranasi.

**7. Orientation Course in Research Methodology in Social Sciences, Feb. 13-15, 2010,**  
Organised by: Deptt. of Psychology, M.G.K.V., Varanasi

**8. National Workshop on Stress Management. Nov 15-16, 2003,** Organized  
by: Academic Committee, M.G.K.V. Varanasi

**9. Orientation Course in Research Methodology in Social Science. Oct 8-10, 2004**  
Organized by: Academic Committee, M.G.K.V. Varanasi

**10. National Workshop on Cultural Psychology, Nov. 15-19, 2006,** Organized  
by: Jawahar Lal University, New Delhi

**11. Workshop on Mental Training for Fitness - 24 December 2001**  
Organized by: Sport Psychology of India, M.G.K..V. Vranasi

**Membership of National/International Organization:**

- Life Member of Sport Psychology Association of India.
- Member of advisory board in the Equal opportunity center established  
by U.G.C.New Delhi at S.B.PG.College, Varanasi



(Dr. Rajesh Kr. Jha)