

## **CURRICULUM VITAE OF DR. SATYA GOPAL JEE**

Name : Dr. Satya Gopal Jee  
Designation : Associate Professor & Head, Department of  
Psychology & Coordinator, Counseling and Psychotherapy  
Institution : D.A.V. Post Graduate College,  
(Admitted to the privileges of Banaras Hindu University)  
Residential address : 183/2, Chandan nagar colony, Karaundi, B.H.U. Varanasi 221005  
Mobile number and email : +919450543053, satyagopal.psycho@gmail.com  
EDUCATIONAL BACKGROUND : M.A. Ph.D. in Psychology  
Lectureship Eligibility : BET (accredited by UGC), 1996.  
Specific achievements :

### **AWARD/RECOGNITIONS**

**“Best paper award”** in the National Conference on Recent Advancements in cognitive sciences held in the Department of psychology, **BHU** from 19-21 Dec. 2008.

**“Mahatma Gandhi Social service award” for services to special children** awarded by *Indian institute of cerebral palsy and handicapped children and Dainik jagran*, 22 April, 2018

**“Distinguished teacher award”** for scholarly involvement in shaping the future of the nation, September 5<sup>th</sup> 2018

Contributed as a **technical counselor** and psychologist in **UP Public service commission** during interview from 02-03 December **2013, 2015, 2016, 2018, 2019**

**Nominated as a subject expert in UP MADHYAMIK SIKSHA CHAYAN BOARD**, Allahabad---12/07/2016

**Appreciation** for giving presentation of Psychology department during **NAAC 2017**

**Appreciation** for constant involvement in various academic activities during 2018-2019

**Best Article Award:** Based on the eminence, the article has been elected as “Best article of the Issue” Alzheimer’s Research & Therapy Open Access, by **Medwin Publishers, USA, March, 2020**

**Guest of Honour** in C.B.Dwivedi memorial workshop on 14<sup>th</sup> Dec,2018 at Nai Subah institute, Varanasi

**Guest of Honour** in National workshop at Department of Kayachikitsa, BHU on 27<sup>th</sup> February, 2019

### **Chairing the session in Seminar/conferences**

1. **Chaired a scientific Session VII in 4<sup>TH</sup> International conference** of Indian Academy of Health Psychology on 24<sup>th</sup> Nov, **2018**
2. **Chaired a scientific Session 13<sup>th</sup> in 3<sup>rd</sup> International conference** of Indian Academy of Health Psychology, on 12-14<sup>th</sup> November, 2017
3. **Co-chaired Session 3<sup>rd</sup> in International conference** on recent advances in cognition and health, Organized by Department of Psychology, Banaras Hindu University, Varanasi on December, 20<sup>th</sup> **2016**
4. **Chaired two sessions in ICSSR sponsored national conference** on Psychology and society today: Contemporary issues and interventions organized by Department of Psychology, MGKVP, Varanasi on November 26-27, 2016.
5. **Chaired 1<sup>st</sup> session in national seminar on Anand-Mimamsa** organized by Mangala foundation Delhi and Gyan pravah Varanasi on January 16-17, 2016

6. **Chaired 1<sup>st</sup> session in clinical psychology symposium 2015** held in department of neurology, **IMS, BHU**, on occasion of 100<sup>th</sup> year celebration of BHU on 17<sup>th</sup> July 2015
7. **Chaired 2<sup>nd</sup> session in the National conference of Indian association of positive Psychology**, held in Department of Psychology, MGKVP, Varanasi from **December 24-26, 2012.**

**Organized Workshop/ seminar/conferences/ training**

1. **Organized** a NCC national Webinar on Building better mental health by NCC Cadets during Covid-19 and Lockdown **as a convener on June 5, 2020.**
2. **Organized** an International Webinar on Mental Health and Coping Strategies during Covid-19 and Lockdown) **as a convener on May 15-16, 2020.**
3. **Organized** a National workshop on Research Methodology and statistical analysis (Using SPSS and AMOS) **as a convener on 13<sup>th</sup> to 20<sup>th</sup> Feb 2020.**
4. **Organized** a National symposium on role of mindfulness, savoring, flow and gratitude in promoting mental health and well being as a convenor on **5<sup>th</sup> Nov 2019.**
5. **Organized** a one day seminar on role of law and justice in achieving gender equality **as a organizing secretary on 15/03/2019**
6. **Organized** a National symposium on emerging trend in intervention of children with neuro-developmental disorders **as a organizing secretary on 15<sup>th</sup> February, 2019**
7. **Organized** a state level student's seminar on mental health and well being of young people **as an organizing secretary on October 13<sup>th</sup>, 2018.**
8. **Organized** a one day intensive training programme on “ Life management skill” as an **“Organizing secretary”** on April 17<sup>th</sup> **2018**

9. **Organized** a national Workshop entitled “Psychological assessment and person enrichment” as an **“Organizing secretary”** from February 08<sup>th</sup> to **17<sup>th</sup>, 2018**, D.A.V.PG College, Varanasi
10. **Organized** a state level students seminar on Feeling good and doing well: A promotive intervention module for youth, September 20<sup>th</sup>, **2017**, organized by Deptt of psychology, DAV PG College, Varanasi
11. **Organized** Two days clinical skill training on cognitive behavior therapy as an **“Organizing secretary”** from November 12<sup>th</sup> to 13<sup>th</sup>, **2016**.
12. **Organized** an **International symposium** entitled “culture, Heritage, tourism and hospitality at Malaviya Mulya anusilan Kendra, BHU, Varanasi as a **Co-organizing secretary** on date of May 1<sup>st</sup> **2016**.
13. **Organized** a state level students seminar on Barriers in education for college students, **16/4/2016** at Deptt of psychology, DAV PG College, Varanasi
14. **Organized** a state level students seminar on child and youth mental health, **29/9/2016**, Deptt. of psychology, DAV PG College, Varanasi
15. **Organized** a national Workshop entitled “understanding mental health issues and outcome: An interface between psychiatry and psychotherapy” as an **“Organizing secretary”** from April 06 to 12<sup>th</sup>, **2015**, D.A.V.PG College.
16. **Organized a mental health awareness program** on life style of youth on occasion of mental health day 10 Oct **2015**
17. **Organized** a national Workshop entitled “Change the script of your life by changing your hand writing” as an **“Organizing secretary”** from January 06 to 13, **2014**, D.A.V.PG College
18. **Organized** a UGC sponsored national Workshop entitled “Psychological effect of Ganghian thought on Individual transformation and reconstruction of society” as a **“Coordinator”** from January 30 to February 06, **2013**, D.A.V.PG College, Varanasi
19. **Organized the one day M.R. Workshop** at MAMTA center For M.R. Children, Ashok Nagar, Allahabad on date of **Sep 2012**

20. **Organized the one day CAMP for rehabilitation of M.R. Children at** Deva center for mentally handicapped children on date of October **2006**
21. **Organized** the one day CAMP for counseling of mental health problem at Mental Hospital, Pandeypur, Varanasi on year of **2005, 2008, 2014, 2015, 2016, 2017, 2018, 2019**
22. **Organized a different quiz** competition regarding psychology for UG/PG students at Department of psychology, DAV PG College on **2013, 2014, 2015, 2016, 2017& 2018, 2019**
23. **Organized** a awareness program for Alzheimer's and dementia on Alzheimer day 21 sep **2016, 2017, 2018, 2019** Deptt of psychology, DAV PG College, Varanasi
24. **Organized** a internship program for clinical training at Ranchi, Agra and Delhi from **2014 to till date**
25. **Organized** a **special lectures** by expertise in Department of psychology from 2005 to continuing

#### **Reviewer of Journal**

1. *Member of review committee of the Journal of Indian health Psychology (INTERNATIONAL PEER REVIEWED & REFEREED JOURNAL)*
2. Reviewer in International journal of Advance research

#### **Editor**

1. Served as "**Associate Editor**" in *International journal of academic research and development*, ISSN NO-2455-4197, Impact factor: RJIF 5.22, 2017
2. Served as "**Associate Editor**" in *International journal of advanced research and development*, ISSN NO-2455-4030, Impact factor: RJIF 5.24, 2017

3. Served as “**Associate Editor**” in *International journal of Multidisciplinary research and development*, ISSN NO-2349-4182, Impact factor: RJIF 5.72, 2017
4. Served as “**Associate Editor**” in *International journal of humanities and social science research*, ISSN NO-2455-4197, Impact factor: RJIF 5.22, 2017
5. Served as an “**Executive Editor**” in *Indo-Indian journal of social science researches*, ISSN NO.09751343
6. Served as an “**Editor**” in *journal of advance research in psychology and psychotherapy*, ISSN: 2454-325X
7. Served as “**Associate Editor**” in *Indian explorer of social sciences and Humanities*, published by Purvanchal Academy of social sciences and humanities, ISSN NO. 2320-2963

#### **Guest faculty for advice and guidance of courses**

1. Nai subah institute, Varanasi : 2014-2020
2. Parshwanath Vidyapeeth (Recognized by Banaras Hindu University as an external research center): 2019

#### **Resource person**

1. Delivered lecture as a **resource person** in weekly seminar on “**youth and depression**” organized by DAV PG College Varanasi, on Feb 2005
2. Delivered lecture as a **resource person** in weekly seminar on “**Stress management: How to reduce, prevent and cope with stress**” organized by NAAC Committee DAV PG College Varanasi, on Aug 2010
3. Delivered lecture as a **resource person** in weekly seminar on “**Alcoholism: sign, symptoms and treatment**” organized by DAV PG College Varanasi, on Oct 2011
4. Delivered lecture as a **resource person** on Truth and positive mind, 04/12/2011, Untouchability as social evil, **18/12/2011**, Positive thought always tends to destination, **25/12/2011** at Gandhi study center Baldev pg college Baragaon

5. Delivered lecture as a **resource person** in **NSS SPECIAL CAMP** on **“Education and drug eradication** “at garib colony, Ambedkar nagar chowkaghat Varanasi on **31/12/2012**
6. Delivered Lecture **as a recourse person** at Gandhi study center Baldev pg college Baragaon , **22/1/2012, 29/1/2012, 19/2/2012, 26/2/2013**
7. Delivered lecture as a **resource person** in SC/ST student’s seminar on **“Tips of Personality development”** organized by SC/ST cell DAV PG College Varanasi, on **Oct 2012**
8. Delivered a view as a **“Resource person”** in UGC sponsored **national Workshop** entitled *“Psychological effect of Ganghian thought on Individual transformation and reconstruction of society”* from January 30 to **February 06, 2013**
9. Delivered lecture as a **resource person** in the workshop on **“Research Methodology and how to write a research writing”** organized by Sri Agrasen Kanya PG College Varanasi, on **4<sup>th</sup> September 2013.**
10. **Delivered lecture** on *“Physiological and Psychological dependency of drug and youth”* on 12/02/2013 **Organized by NSS Unit.**
11. Delivered lecture as a **resource person** in the public health awareness and educational program on **“Spurt of sexual assault in society”** organized by **Nai subah**, institute of psychology at Diamond hotel Varanasi on date **16 may 2013**
12. Delivered lecture as a **resource person** in the **workshop on “IQ/DQ/SQ”** organized by organized by **Nai subah** institute of psychology on date **25 JUNE 2014**
13. Delivered lecture as a **resource person** in upliftment of student’s personality on **“How to develop your attractive Personality”** on date **28/12/2013**
14. **“Impact of addiction and alcohol on person and society”** on 23/01/2014.

15. Delivered lecture on **“Role of motivation in accuracy of work”** on date 20/12/2014
16. Delivered a view as a **“Resource person”** in **National seminar** on spirituality and mystic experiences in Jainism sponsored by center of studies in civilization, New Delhi on **“the science of happiness and flourishing”** on date 22-23 Nov 2014
17. Delivered lecture on **“Management of aggression in adolescent”** on date 10/11/2015 **Suriyawan Bhadohi**
18. Delivered lecture on **“How to develop self confidence”** on date 19/01/2015 , **Suriyawan Bhadohi**
19. Delivered a lecture as a **resource person** for **boosting** confidence in **student’s life** on **“Significance of life in youth”** on date **16/02/2015** at Maharani Banaras Mahila Mahavidyalaya. Ramnagar, Varanasi
20. Delivered a view as a **“Resource person”** in National workshop on “understanding mental health issues and outcome: An interface between psychiatry and psychotherapy” from April 06 to 12<sup>th</sup>, 2015, D.A.V.PG College.
21. Delivered lecture on **“How to develop decision making skill”** on date 09/01/2016 organized by PG College Suriyawan, **Bhadohi**
22. Delivered a view as a **“Resource person”** in **national Workshop** entitled **“IQ Assessment”** on **applications and administration of BHATIYA BATTERY”** on date 24<sup>th</sup> January 2016, organized by Rupa psychological center, Varanasi
23. Delivered a view as a **“Resource person”** in **national Workshop** entitled “Common childhood disorder” on Communication difficulties in Autism spectrum *disorder* **on** date 13<sup>th</sup> March 2016, organized by Rupa psychological center, Varanasi
24. Delivered a view as a **“Resource person”** in **International symposium on culture, Heritage, Tourism and Hospitality development**, May 2<sup>nd</sup> 2016 at BHU.

25. Delivered a view as a **“Resource person”** in **CRADLE TO CRAYON AND BEYOND WORKSHOP** for ADHD and Autistic children, Sep **18<sup>th</sup> 2016**, at IMA, Varanasi.
26. Delivered a view as a **“Resource person** on occasion of **world Alzheimer’s day 21 Sep, 2016, 2017, 2018, 2019** entitled International campaign to raise awareness and challenge stigma concern with Alzheimer’s disease.
27. Delivered a view as a **“Resource person”** in National workshop entitled Astrological basis of mental illness, organized by Department of Sanskrit, DAV PG College, Varanasi, **Oct 2016**
28. Delivered a view as a **“Resource person** in national seminar on **“The role of psychological counselor in our society”** on occasion of World mental health day, Organized by Nai subah institute, Varanasi at Hotel Diamond, **Oct 10<sup>th</sup> 2016**
29. Delivered a view as a **“Resource person”** in **ICSSR sponsored National conference** on Psychology and society today, **27<sup>th</sup> Nov 2016**.
30. Delivered a invited lecture as **a resource person** in the seven days **National workshop on Research methods and statistical measure in behavioural science**, Held in Department of Physical education, **MGKVP**, Varanasi on date **10<sup>th</sup> Feb. 2017**.
31. Delivered lecture on Key of success in life as a resource person in Smark Mahavidyalaya, Sewrai, **Ghazipur** on **18/03/2017**.
32. Delivered lecture on Patience as a need of youth as a resource person in Ghanshyam dubey PG College, Suriyawan, Bhadohi, on **31/03/2017**.
33. Delivered lecture on Factor analysis for M. Phil in clinical psychology students at Nai Subah institute, Varanasi on **27/11/2017**.
34. Delivered lecture on How to achieve your goal as a resource person in Smark Mahavidyalaya, Sewrai, Ghazipur on **20/01/2018**.

35. Delivered lecture on How to enhance your self confidence as a resource person in Ghanshyam dubey PG College, Suriyawan, Bhadohi, on **22/01/2018**.
36. Delivered a view as a **“Resource person”** in Department of Psychology, Jagatpur Pg College, jagatpur, April 7<sup>th</sup> **2018**. How to manage your quality of life?
37. Delivered a view as a **“Counselor” for Parents with autistic children** at IMA, Varanasi on April 22, **2018**.
38. Delivered lecture on Life skills training as a resource person in Ghanshyam dubey PG College, Suriyawan, Bhadohi, on **11/08/2018**.
39. Delivered lecture on Personality assessment (RIBT) as a resource person in National Workshop on Intelligence test at Nai subah, Varanasi on **14/12/2018**
40. Delivered lecture on Management of Exam stress as a resource person at Pahal Psychotherapy and counseling center, Lohta, Varanasi on **6/1/2019**.
41. Delivered lecture on How to improve yourself as a resource person on one day **NSS Camp**, DAV PG College, Varanasi on dated **06/02/2019**
42. Delivered lecture on Personality development as a resource person in **ANO Seminar, NCC Group “A”** ON **15/03/2019**.
43. Delivered lecture on Personality development of young generation as a resource person on one day **NSS Camp**, DAV PG College, Varanasi on dated **13/03/2019**
44. Delivered lecture on Using of SPSS in statistical analysis for M. Phil in clinical psychology students at Nai Subah on **19/03/2019**.
45. Delivered lecture on Personality development as a resource person to 600 NCC Cadets of NCC Directorate of ORISA & UP during camp of **EK BHARAT SRESHTH BHARAT** on **03/06/2019**.

46. Delivered lecture on Personality development for promoting the self confidence as a resource person to **300 NCC Cadets of 89 UP BN, during camp of CATC 288** on **30/06/2019**
47. Delivered lecture on Improving Youth Personality: Social cognition perspective Symposium as a resource person at Institute of Psychological research and services, Patna University, Patna on **02/08/2019**
48. Delivered lecture on Significance of life through Psychology National Symposium as a resource person at Patna college , Patna University, Patna on **02/08/2019**
49. Delivered lecture (Evening of life and mental health) as a resource person in **UGC Human resource development center, Ranchi University**, Ranchi during **Refresher course** from 16/8/2019 to 29/8/2019 on **27<sup>th</sup> Aug, 2019**
50. Delivered lecture on Suicide prevention, intervention and postvention at career guidance and counseling cell, Banaras Hindu University, Varanasi on **13<sup>th</sup> Sep, 2019.**
51. Delivered lecture (Motivational Power of Yoga) **as a resource person** in National conference on Yoga organized by Deptt of Philosophy Mahila Mahavidyalaya, **BHU ON 8<sup>TH</sup> November, 2019**
52. Delivered lecture (Hypothesis testing) as a **resource person** in National workshop on Research methodology in social sciences and humanities organized by Deptt of sociology, DAV PG College on **10<sup>th</sup> Nov, 2019.**
53. Acted as a **moderator** in PSYCON 2019, Organized by Ravi neuro psychiatry and **IMA Varanasi** on **10 Nov, 2019.**
54. Delivered lecture (Role of social issues in Indian economy) **as a resource person** in National workshop on Issues and challenges of Indian economy organized by Deptt of Economics, DAV PG College on **15<sup>th</sup> Nov, 2019.**

55. Delivered lecture (Educational backwardness) as a **resource person** in 18<sup>th</sup> National conference **GDBPCON** on growth and development Indian academy of pediatrics on 1<sup>st</sup> Dec, **2019**.
56. Delivered lecture (Social justice) as a **resource person** in National Seminar on Gandhi's view on social justice and global peace on **6-7 February 2020** at **Mahila mahavidyalaya, BHU**.
57. Delivered an invited lecture on mental health conditions during Covid 19 in two days **international webinar** on epidemic and pandemic organized by department of history & AIHC, DAV PG College on **30<sup>th</sup> April 2020**.
58. Delivered an invited lecture on mental health and coping strategies during Covid 19 in two days **international webinar** on impact of Covid 19 on society organized by department of Sociology, DAV PG College on **2<sup>nd</sup> May 2020**.
59. Delivered an invited lecture on mental health and psycho-social well being during Covid 19 in **National webinar** organized by department of Psychology, Vasant Kanya Mahavidyalaya, Kamachha, Varanasi held on **9<sup>th</sup> May 2020**.
60. Delivered an invited lecture on Basics of research methodology and SPSS in **National webinar** organized by department of Psychology, Patna College, Patna University held on **14<sup>th</sup> May 2020**.
61. Acted as **Keynote speaker** in the **National webinar** on Enhancing mental health in uncertain times, organized by department of Psychology, Arya Mahila P.G.College, Varanasi held on **17-18 May 2020**.
62. Delivered an invited lecture on Relavance of mental health during Covid 19 in **National webinar** organized by department of Psychology, Vasanta College for women, Rajghat, Varanasi held on **21<sup>th</sup> May 2020**.
63. Delivered lecture on Building better mental health by NCC Cadets organized by 89 UP Bn NCC, B.H.U. held on **5<sup>th</sup> June, 2020**.

- 64.** Delivered an invited lecture on Impact of covid 19 on mental health and its intervention as a resource person to 600 NCC Cadets of NCC Directorate of ORISA & UP during camp of **EK BHARAT SRESHTH BHARAT on 24/06/2020.**
- 65.** Delivered an invited lecture on Commercialization of education in context of new education policy in **National webinar** organized by Shahid Heera Singh Government PG College, Dhanapur, Chandauli held on **30<sup>th</sup> August 2020.**
- 66.** Delivered an invited lecture on Suicidal prevention in **National webinar** organized by Institute of mental health and behavioural science, Nai subah on 11<sup>th</sup> Sep 2020.
- 67.** Delivered an invited lecture on Boost mental toughness in women in context of MISSION SHKTI COMPAIGN OF UP government organized by Ganghi mahavidyalaya, Sidhauli, Lucknow on 22 OCT 2020.
- 68.** Delivered an invited lecture on Building mental strength for women in context of MISSION SHKTI COMPAIGN OF UP government organized by Ghanshyam dubey PG College, Suriyawa, Bhadohi on 23 OCT 2020

**PROFESSIONAL/TEACHING AND RESEARCH EXPERIENCE :**

**UG Level** : 21 Years

**PG Level** : 10 years

**Examination duties, Invigilation; question paper setting, evaluation/assessment of answer scripts**

**Ph.D. thesis evaluation** and Viva-voce

**Question paper setting**----for home examination, MG Kashi Vidyapeeth Varanasi, V.B.S.Purvanchal university Jounpur, Awadhesh Pratap singh University Reewa, M.P., Agrasen kanya PG College, Bundelkhand University, Gurukul Kangadi University, Patliputra University

**Evaluation of Answer script**---Banaras Hindu University, MG Kashi vidya peeth, Agrasen kanya PG College, VBS Purwanchal University, A.P.S.University Reewa, DDU Gorakhpur, Magadh University Gaya, V.K.S. University ARA

**As a external Examiner** in other University---MGKVP, Agrasen Kanya PG College, VBS Purwanchal University, A.P.S.University Reewa, DDU Gorakhpur, Magadh University Gaya, V.K.S. University ARA, J.P.University Chhapra, Hari Singh Gaur Central University, Sagar

**Academic and Administrative committees and responsibilities: Experiences**

1. <b>Coordinator</b> , PG DIPLOMA in Counseling and Psychotherapy, Department of Psychology, D.A.V.PG College Varanasi from 2014 to continuing.
2. <b>Coordinator</b> of admission committee---Semester wise and yearly responsibility
3. <b>Working As a Head, Department of Psychology from 2011 to continuing</b> ---Institutional Governance responsibility
4. <b>Coordinator of Examination</b> and Evaluation committee—2009-2010
5. <b>Coordinator of NCC committee</b> —From 2005 to till date
6. <b>Student’s exposure committee</b> session 2007-2008, DAV PG College, Varanasi.
7. <b>Member of Sexual Harassment and violence</b> women Redressal committee in session 2013-2014, DAV PG College, Varanasi.
8. <b>Member of Library committee</b> in student’s discussion in session 2015-2020 DAV PG College, Varanasi
9. <b>Member of Research Assessment committee</b> from 2015-2020, DAV PG College, Varanasi.
10. <b>Coordinator admission (post gradual in psychology) committee from 2010-cont-</b>
11. <b>Co-coordinator “ Placement and carrier guidance committee” 2018 - 2020</b>

12. Member of Monitoring committee of College from 25 sep 2017-2020

**PAPER TAUGHT**

- Research Methods, Psychobiology, Applied Psychological assessment, Diagnostic techniques, Psychopathology, Therapeutic techniques, Neuropsychology, Psychology of rehabilitation, Health psychology , Positive psychology, Counseling psychology

**PUBLICATIONS**

S.N.	Publications	International	National	State Level	Total
1	Books	02	03		<b>05</b>
2	Chapters in books	--	06		<b>06</b>
3	Papers in Journal	29	25		<b>54</b>
4	Monograph	--	06		<b>06</b>
5	Presented papers	24	50	07	<b>81</b>
6	Workshop attend	03	23		<b>26</b>
7	Training program	--	03		<b>03</b>
8	Test adaptation	--	04		<b>04</b>
9	Research project	--	02		<b>02</b>
<b>AWARD/RECOGNITIONS</b>					
10	AWARD	09			<b>09</b>
<b>Chairing the session in Seminar/conferences</b>					
11	Chairing the session	02	05		<b>07</b>
<b>Organized Workshop/ seminar/conferences/ training</b>					
12	Organized Workshop/ seminar	02	22		<b>24</b>
<b>Reviewer &amp; Editor of Journal</b>					
13	Reviewer	02			<b>02</b>
14	Editor	04	03		<b>07</b>
<b>recourse person</b>					
15	recourse person	03	65		<b>68</b>
<b>Ph.D. Under Supervision</b>					
16					<b>03</b>
17	<b>Post doctoral fellowship supervision</b>				<b>01</b>
<b>Supervision of Dissertation</b>					
18		PG=12	PG DIPLOMA=15	UG=07	<b>34</b>

**AREAS OF RESEARCH PUBLICATIONS**

Clinical Psychology, Health Psychology and Mental Testing and Rehabilitation

### **MEMBERSHIP OF ACADEMIC BODIES**

1. Banaras Hindu University, Psychology Alumni Association
2. Indian Gerontological Association (IGA)
3. Community Psychology Association of India.
4. Indian academy of health Psychology
5. Indian Association of Positive Psychology

### **ADMINISTRATIVE EXPERIENCES**

1. Served as Captain **NCC Officer** 5/89 UP BN, BHU, Varanasi from 2005 to continuing.
2. Served as **Head**, Department of Psychology, D.A.V. PG College Varanasi from 2011 to continuing.
3. Served as **coordinator**, PG Diploma in Counseling and Psychotherapy, Department of Psychology, D.A.V.PG College Varanasi from 2014 to continuing.
4. Served as a **Coordinator of placement and carrier guidance committee** in session 2018-2019, DAV PG College, Varanasi.
5. Serving as a **Dean of student**, DAV PG College from 2020

### **COMMUNITY WORK :**

1. As NCC officer attended the National integration camp at Pataudi, Haryana, Nov. 2008 and Participated in different community work such as values of the National Integration , Secularism, democracy, humanism, peace, flood relief, small family norms, and national literacy mission.
2. Conducted Yoga training program on the occasion of Word Yoga day at Amphitheater ground BHU

3. Civil defense training: attend the special course on search and rescue at National Civil defense college, Nagpur during the PRCN course from 28.08.2007 to 31.08.2007.

#### **Orientation Course:**

Banaras Hindu University from 9<sup>th</sup> February to 8<sup>th</sup> March 2007, Sponsored by UGC

#### **Refresher course:**

- Banaras Hindu University from 1<sup>st</sup> October to 21<sup>st</sup> October 2011, Sponsored by UGC
- NCC Refresher course from 31 March -26 April 2014 at Kampti, Nagpur

#### **Research Project (Completed)**

1. UGC **Minor Research Project** Proposal on "*Prevalence of Dementia and Alzheimer's disease in Varanasi and Environs*" 2008-2009.
2. As Co-investigator, **UGC Major Research project** on "*A comparative study of married and unmarried working woman: Happiness and social worth.*" 2010

#### **RESEARCH GUIDANCE**

1. Ph.D. GUIDANCE : 03 students
2. Post doctoral guidance: 01
3. UG Dissertation awarded: 05
4. PG Dissertation awarded: 29

#### **LIST OF PUBLICATIONS OF DR. S. GOPAL JEE**

#### **BOOK PUBLICATIONS**

#### **(International)**

1. Semantic memory distortions in dementia of the Alzheimer's type (2016): LAP LAMBERT Academic Publishing, Bahnhofstraße 28, D-

- 66111 Saarbrücken Think Tank: Haroldstr. 14, D-40213 Düsseldorf,  
**Germany. ISBN:978-3-659-94020-0**
2. Psychological well-being of working women (2016): LAP LAMBERT  
Academic Publishing, Bahnhofstraße 28, D-66111 Saarbrücken  
Think Tank: Haroldstr. 14, D-40213 Düsseldorf, **Germany.**  
**ISBN:978-3-659-94020-0**

### **(National)**

3. Advanced research methods and statistics (2014): Srijan samiti  
publication, Kakarmatta, Varanasi, ISBN 978-93-83583-47-8
4. सफलता की कुंजी : व्यक्तित्व विकास (2015): Srijan samiti publication,  
Kakarmatta, Varanasi – ISBN 978-93-83583-47-8
5. निर्देशन एवम परामर्श (2017): Veer bahadur publication, south city, Rai  
Bareilly road, Lucknow- 226025, ISBN: 978-93-84817-72-5

### **CHAPTER IN BOOK/PSYCHOLOGICAL TEST**

1. Pandey, R., Gopal Jee, S., Dwivedi, C. B., & Mishra, R. (2003).  
Education and SES as risk factors in cognitive impairment in mildly  
demented patients. In A. Agrawal and A. K. Saxena (eds.) Environmental  
and Developmental Issues. *Indian Perspective. Concept Publication,*  
**New Delhi, pp. 360-381.** ISBN NO.81-8069-012-1
2. Gopal. Jee, S.and Upadhyay S. (2010). India's Elderly : The Burden of  
carrying for dementia of the Alzheimer's patients. In S.Ojha and  
S.Upadhyay (eds) Psychosocial aspect of Health and Illness .**Global  
Vision Publishing House, Ansari Road, Dariyaganj New Delhi-  
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3. Gopal. Jee, S.and Dwivedi,C.B. (2012)Clinical assessment of memory  
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4. Gopal jee,S. and Yadav,R.R.(2013). Possibilities rather than Pathologies: Solution focused therapy in counselling. In S.Ojha (eds) "Guidance and Counselling new direction. **Shree publishers and distributors, Ansari road , Dariya ganj, New Delhi-110002, ISBN: 978-81-8329-993-0**
5. **Gopal jee, S. (2016).** Personal judgment of worthiness, Anxiety and stress in epilepsy. In S.Upadhyay, A.K.Jaiswal & Rasmi singh (eds) "Psychology and society today (Contemporary research), **Manovigyanik prikshan publication ISBN: 978-81-927212-10**
6. Gopal jee, S. **(2020).** Restore, remediate and rehabilitate a person's level of functioning: recreation therapy. In S.Ojha (eds) "Spirituality and health". **Shree publishers and distributors, Ansari road , Dariya ganj, New Delhi-110002, PP: 213-222 ISBN: 978-81-8329-993-0**
7. Gopal jee, S. **(2020)** कोरोना वायरस के दौर में मानसिक स्थितियां । लॉक डाउन की लक्ष्मन रेखा **Hansh publication house, New Delhi ISBN 978-81-940060-6-0**

### **TEST DEVELOPMENT**

1. Hindi adaptation of the Folstein, Folstein and McHugh's Mini-Mental Status Examination (**MMSE**), with C. B. Dwivedi & R. Pandey (*Rupa Psychological Centre Varanasi*).
2. Hindi adaptation of the Mattis Dementia Scale (**MDS**) with C. B. Dwivedi and R.Pandey (*Rupa Psychological Centre, Varanasi*)
3. Hindi adaptation of **Geriatric depression scale** published in Rupa Psychological Centre, Varanasi

### **Monograph :**

1. Gopal Jee, S. (2007). Family relation and counseling. *Prabha*, DAV PG College, Magazine, pp.33-34.
2. Gopal Jee, S. (2008). Adjustment problem in Marriage, *Prabha*, DAV PG College Magazine.pp.29-32

3. Gopal jee,S.(2011). A Psychology of good teacher, *Prabha*, DAV PG College Magazine.pp.28-31.
4. Gopal jee,S.(2012). The Importance of Moral Education in India, *Prabha*, DAV PG College Magazine.
5. Gopal jee,S.(2014). Scientific accessibility in India , Dalit visesank, *Prabha magagine*
6. Gopal jee, S. (2016). Power of thought, *Prabha magagine*
7. Gopal jee, S. (2019): Important article in **Rising India today**: Rajnetawon ka manovaijyanik vishleshan

### **Paper publications in journal**

#### **(National)**

1. Gopal Jee, S., Pandey, R., Mishra, R. & Dwivedi, C. B. (1999). "Psychometric properties of a Hindi version of the Mini-Mental Status Examination": A Preliminary Report. ***Indian Journal of Clinical Psychology***, **26**, 104-110.
2. Gopal Jee, S. (2008). Vitality for life: Mental health in aged population. ***Indian Journal of Human Relations***, Vol. 34, 43-47.
3. Gopal Jee, S.; J. Prakash and Kumar, V. (2009). Life attitude of retired and non retired person: a comparative study. ***Indo-Indian Journal of social science researches***, Vol. 4, no. 2, 12-16.
4. Dubey, V. and Gopal Jee, S. (2010). Stress and its management through Yogic method. ***Indo-Indian Journal of Social Science researches***, Vol. 6, No. 1, 137-140.
5. Dubey, V. and Gopal Jee, S. (2010). Abuse and elderly person: Evidence from Ghazipur and Varanasi minor survey. ***Perspectives in Psychological researches***, Vol. No 33, 2,141-145.
6. Gopal Jee, S. (2011). A qualitative research methodology: Case study. ***Journal of Economics and Commerce***. A Bi-annual Journal of DAV PG College, Vol. 2, 117-121.
7. Gopal Jee, S. (2011). Dementia care arrangement in Indian scenario: Challenges and future directions. ***Sodhdrishti***. Vol.2, 182-186

8. Gopal Jee, S. (2011). Influence of environmental factors on mathematical creativity of intermediate students of Varanasi. ***Indo-Indian Journal of Social Science Researches***, Vol. 7, No.1, 68-72.
9. Gopal Jee, S. (2011). Influence of parental loss on the children's personality. ***ANUSILANA, Research Journal of Indian Cultural, Social & Philosophical Stream***, Vol. XXXII, 5-8.
10. Gopal Jee, S. (2011). The influence of social participation on depression and satisfaction with life scale in elderly person. ***United Journal of Awadh Scholar***.Vol.5(2), 31-39.
11. Gopal Jee, S., Dwivedi, C.B. & Pandey, R. (2011). Psychometric evaluation of the Hindi adaptation of Mattis dementia rating scale. ***Indian Journal of Social Sciences Researches (IJSSR)***. Vol. no. 1-2, 82-90.
12. Gopal Jee, S. and Richa Rani (2011). Impact of source of stress and other demographic variables among teaching professionals. ***Anushilan, Research Journal of Indian Cultural, Social and Philosophical Stream***. Vol. xxxiv.13-16.
13. Gopal jee, S. and Richa Rani (2011). Certain Specific conditions and solution of childhood psychiatric disorder. ***Kashi journal of social science***, Vol.-1 102-107.
14. Richa Rani and Gopal Jee, S. (2011). An assessment of Environmental awareness and personality among teachers. ***United Journal of Awadh Scholars***.Vol.5(no-2),82-85
15. Gopal Jee, S. and Dwivedi, C.B. (2012). Recognition and cued recall of famous names in dementia of the Alzheimer's type. ***Indian Journal of Gerontology***. Vol. 26, No.2, 141-150
16. Gopal jee, S.(2015). Subjective wellbeing and quality of life among elderly in varanasi. ***PARIPREKSYA, A research journal of new thought***. Vol. XVI ,37-44.
17. **Gopal jee, S.(2015)**. Present youth problems and aggression among female adolescent. ***PARIPREKSYA, A research journal of new thought***. Vol. XVIII ,15-20.

18. **Gopal jee, S.(2015).** Mahamana Madan Mohan Malaviya and social justice. **PRABHA ISSN 2394-5974**, 69-73.
19. **Gopal jee, S.,** Yadav, L.J., Yadav, R.R. and Tripathi, J.S. **(2016).** The study on the level of marital adjustment and Quality of life among working women home makers. **Sodh pravah**, Vol. VI, Issue 1, 127-134.
20. **Gopal Jee, S. (2017).**The impairments of verbal fluency in dementia of the Alzheimer's type" in **Indian Journal of Gerontology, ICSSR Journal, Vol. 31, No1, 58-70. UGC Care listed**
21. **Gopal Jee, S. (2017).** Knowledge of living and nonliving things in dementia of the Alzheimer's type. **Journal of the Indian academy of Geriatric**, 13:2, 77-82.
22. **Gopal Jee, S. (2018).** Social anxiety and irrational thought pattern in patients with Dermatological problem. **Indian journal of clinical Psychology**, Vol. 45, number-1, 64-69. **UGC Approved Journal UGC Care listed**
23. **Anurag chourasia & Gopal jee, S. (2018).** Psychogenic none epileptic seizures and emotional impairments. **Sodh prerak**, Vol-9, issue II, 672-679, **UGC Approved journal no-47168**
24. **Gopal Jee, S. (2019).** Emotional intelligence: The predictor of resilience in NCC Cadets. **JIGYASA**, Vol. 12, number-2, 797-807. **UGC Approved Journal NO. 40957**
25. **Gopal Jee, S. (2020).** Mediating Role of Social Media Network on the Relationship between Ageing Perception and Loneliness. **Indian Journal of Gerontology**, UGC – (Care List, Science), Vol.34,No.2,177-188  
**(International)**
26. Gopal Jee, S. (2007). Tangle of semantic memory in Alzheimer's type dementia. **Indian Journal of Community Psychology**, 3(1), 27-34 **(abstracted in PsycINFO database of American Psychological Association.)**
27. Gopal jee,S.,Singh,Arvind.and Rai,S. (2011). A comparative study of emotional Stability among College adolescents. **Research link, An**

**International, Registered & Referred Monthly Research Journal**  
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28. Gopal Jee, S. (2011). Psycho-social problems of working teacher in Varanasi and Environs. **Indian Journal of Community Psychology**. 8(1), 18-35. (Abstracted in **PsycINFO database** of American Psychological Association.)
29. Gopal Jee, S. (2012). Prevalence of depression among elderly in rural and urban areas of Varanasi district. **Indian Psychological Review, Database: WorldCat** Vol.78,No.1,41-46
30. Gopal jee, S.(2015). Death anxiety and religiosity among elderly person in varanasi. **Interdisciplinary journal of contemporary research, an international refereed journal**, Vol-2, No.1,115-120
31. Gopal jee, S. and Dubey V. (2015). Barrier of frightening activity in school setting through yoga. An academician research center, **International journal of humanities, social science and education**,Vol-2, issue7, version2, 169-175
32. Gopal jee, S. (2016). Psychometric properties of the Hindi version of Geriatric depression scale (HGDS). **International journal of research and development organization**, 28-39.
33. Gopal jee, S. and Mishra,V.N. (2016). Gratification, perceived stress and generalized expectancy of patients with epilepsy. **International journal of recent scientific research**, Vol. 7, (4), 10565-10569
34. Gopal jee, S. and Rai, Ashok. (2016). Parental stress and Quality of life in patients of children with bronchial asthma. **International journal of Health science and research**, Vol.6, issue 6, 293-300
35. Gopal jee, S. (2016). Prevalence of dementia altered with age and education in an elderly population of Varanasi. **International journal of Research in social sciences**, Vol.6, issue-7, 488-504
36. Chourasiya, Anurag. & Gopal jee, S.(2016).Attitude and counseling towards epileptic patients. **Interdisciplinary journal of contemporary research, an international refereed journal**, Vol-3, No.2,101-106

37. Mishra, N. & Gopal jee, S. (2016). Self assurance and perceived urgency in patients with epilepsy. **International journal of advanced research**, Vol.4 issue8, 1882-1887
38. Thapa, Vibha & S,Gopal jee (2016). Psycho-educational approaches in person with Autism spectrum disorder. **International journal of development research**, Vol. 6, issue 9, 9440-9443
39. Anupriya singh and Gopal jee, S. (2016). Psycho dermatology and its psychosocial Management. **International journal of current research**, Vol.8, issue 9, pp 39188- 39194.
40. **Gopal Jee, S. (2016)**.The impairments of super ordinate knowledge in dementia of the Alzheimer's type in **Recent advances in Psychology: An International journal**, Volume-3, July -Dec 2016, 28-39.
41. **Gopal Jee, S. (2017)**. Feelings of inadequacy & suicidal ideation of patients with epilepsy” in **Indian Journal of Community Psychology (IJCP)**, Volume13, Issue I, 111-117, March, 2017
42. **Gopal,S., Ashok, Rai and Sweta (2017)**. Change in depression status in employees of government sector. **International journal of Multidisciplinary research and development**, Vol-4, Issue-7,216-220.
43. **Gopal Jee, S. & Rohan Rawat (2018)**. Gratitude and Resiliency among elderly and young people. **Research review International journal of multidisciplinary**. Vol-3, issue-8, 259-262. **UGC approved journal, journal no: 44945**, impact factor 4.184
44. **Gopal Jee, S. & Rajat tiwari (2018)**. Relationship between personality and quality of life of caregivers of children with mental disabilities: A review. **International journal of applied social science**, Vol. 5 (7), 1040-1046. **UGC approved journal, journal no: 62754**, impact factor 5.734.
45. **Gopal Jee, S. (2018)**. The role of demographic factors in cognitive impairments of children with Autism spectrum disorder. **International journal of health science and research**, Vol.8, issue-10: 26-32, **UGC approved journal**

46. **Gopal Jee, S. (2018).** Memory impairments and mental status in patients with migraine. *International journal of research and analytical reviews*, Volume-5, Issue 4, UGC Approved journal no 43602
47. **Rohan Rawat & Gopal Jee S. (2018).** Role of gratitude and resilience on the mental health of elderly. *International journal of research and analytical reviews*, Volume 5 Issue 4 Pages 292-295. **UGC Approved journal no 43602**
48. **Gopal Jee S. (2019).** The relationship between maladaptive behavior and cognitive empathy in children with autism spectrum disorder. *International journal of research and analytical reviews*, Volume 6 Issue 1 Pages 422-426. **UGC Approved journal no 43602, January,2019.**
49. **Rajat tiwari & Gopal Jee S. (2019).** Effect of social media use on mental health of adolescent. *International journal of research and analytical reviews*, Volume 6 Issue 1 Pages 18-22. **UGC Approved journal no 43602, March 2019**
50. **Gopal Jee S. (2019).** Role of resilience in self esteem and mental health of diabetic patients. *Multi-disciplinary International journal Remarking an analysisation*, Volume 4 Issue 2, Pages E-199-202. **UGC Approved journal no 43602, January, 2019.**
51. **Rajat Tiwari & Gopal Jee S. (2019).** Relationship between spirituality and mental health among adolescents. *International journal of research and analytical reviews*, Volume 6 Issue 2 Pages 58-65. **UGC Approved journal no 43602, June 2019.**
52. **Gopal Jee S. and Rai Ashok (2020).** Category Specific Impairments in Dementia of the Alzheimer's Type: A Study with a Probe Question Task. *Alzheimer's Research & Therapy Open Access, MEDWIN PUBLISHERS, Vol.3(1)*
53. **Gopal Jee S. and Jaishree (2020).** Impact of gender on social intelligence and life orientation among college students. **International Journal of Recent Scientific Research**,11(4),A, 37999-38001

54. **Gopal Jee S. and Rai Ashok (2020).** A Mediation Analysis of the Effect of Perceived Stress on the Relationship between Self Efficacy and Quality of Life in Medical Students. ***Indian Journal of Public Health Research & Development, an International journal***, Scopus, Volume 11 Number 6, 833-837.

**PAPERS PRESENTED AND PARTICIPATED IN**  
**CONFERENCES/SYMPOSIA**

**International**

1. (1999). *"Impairment in naming and knowing in mildly and moderately demented Alzheimer's patient"* paper presented and participated in ***Third International Symposium on Cognition, Education and Mental Health***, Department of Psychology, Banaras Hindu University, December 16-19.
2. (2009). Impact of academic stress on mental health participated in 4<sup>TH</sup> ***International Symposium on Cognition, stress and mental health***, Department of Psychology, Banaras Hindu University, December 14-16.
3. (2011). *Evidence-based practice in Psychology: Implication for research.* Paper presented in **International Indo-Swedish seminar** on practice-based knowledge in the 21<sup>st</sup> century, at Department of Philosophy and Religion, BHU Varanasi on 14-16 Nov.
4. (2011). ***The new structure of health care and a role for Psychology***, Paper presented in **International Meet** on collaboration with American Universities and International conference on Counselling and Community Psychology, at Department of Applied Psychology VBS Purvanchal University Jaunpur (UP) on 17-19 Dec.
5. (2011). ***Stress and health: A conceptual review***, Paper presented in **International Meet** on collaboration with American Universities and International conference on Counselling and Community Psychology, at Department of Applied Psychology VBS Purvanchal University Jaunpur (UP) on 17-19 Dec.
6. (2012).: *An overview*, Paper presented in **International conference Diagnostic and Intervention of children with learning disabilities** on Recent

Advances in Cognition and Health, at department of Psychology, BHU on January 23-24, 2012

7. (2013). Role of value education in contemporary society. **International conference on Value embedded in Indian Philosophy**, Sponsored by ICSSR New Delhi, at Department of Philosophy and Religion, BHU on date 10-12 January 2013
8. (2015). Psycho-social thought of Ambedkar. **International seminar on All exclusive thought of Dr. B.R.Ambedkar** at Department of political science, BHU, Varanasi on date 16-17 April 2015
9. (2015). Quality of life perceived stress and generalized expectancy of patients with Epilepsy. **International conference** of Indian academy of health Psychology, organized by University of Jammu on date 6-8 December 2015
10. (2016). Efficacy of Yoga for improving quality of life and quality of sleep. **International conference on yoga science and education**, Department of biochemistry and faculty of Ayurveda, BHU on date 15-17 January 2016
11. (2016). Age and sex differences in forgiveness of others and mental health. **4<sup>th</sup> International conference on recent advances in cognition and health**, Department of psychology, BHU, Varanasi on date 6-8 February 2016
12. (2016). Bani and techniques of Satguru ravidas jee. **International seminar on Contribution of-----human value at BHU**, Varanasi on date 21-22 february 2016
13. (2016). Self esteem and perceived stress in patient with epilepsy. **International conference on psychosocial perspective on health and wellbeing at Department of psychology, Jamia Millia Islamia, New Delhi** on date 1-2 March, 2016
14. (2016). Analysis and theory of mind in pali literature. **International conference on Pali diwas** on 31 March 2016
15. (2016). Psychology of religion and culture. **International conference on Utility of religion----- of world at Sampunanand University, Varanasi** on date 6-7 April 2016.
16. (2016). Grand global peace meets IV. **International symposium at Malaviya moolya anusheelan Kendra**, BHU on date 2th May 2016

- 17.(2016). **5<sup>th</sup> International conference** on Recent advances in cognition and health at Department of Psychology, Banaras Hindu University entitled “ Feelings of inadequacy in Epileptic patients”, on date of December 19-21, 2016
- 18.(2016). **5<sup>th</sup> International conference** on Recent advances in cognition and health at Department of Psychology, Banaras Hindu University entitled “ The impact of cognitive emotion regulation and hope on perceived stress among adolescents”, on date of December 19-21,
- 19.(2016). **5<sup>th</sup> International conference** on Recent advances in cognition and health at Department of Psychology, Banaras Hindu University entitled “ Life orientation and hope as expressed through self compassion in youth” on date of December 19-21.
- 20.(2017). Memory impairments in patients with Migraine, **3<sup>rd</sup> International conference** of Indian academy of health Psychology, Organized by NPG, Lucknow, 12-14 Nov,2017
- 21.(2018). How farmers in India are adapting climate change? International conference on Impact of climate change-----on 17-18 November, 2018 organized by Mahima research foundation, Varanasi
22. (2018). Personality change and smokeless tobacco using behavior. **4<sup>th</sup> International conference** of Indian academy of health Psychology, Organized by ACS, TRAYAMKESHWAR, Nasik, 23-25 Nov,2018
23. (2019). The Psychology of Diaspora experiences: inter-group contact. International conference on Diaspora and homeland. ICHR, New Delhi sponsored. Deptt of History, DAV PG COLLEGE, Varanasi on date of 18-19 January, 2019.
24. (2019). Interpersonal concern, Stigma and health related QOL in patient with Skin disease. **International conference** of Indian academy of health Psychology, Organized by MGKVP, Varanasi, 20-22 Oct,2019

**(National)**

25. (1999). *"Role of Psychosocial risk factors in cognitive impairment in mild demented and matched control"* presented and participated at **UGC National Seminar** on Current Trends in Human Development Research, Department of Psychology, D.D.U. Gorakhpur University, Gorakhpur, **1999**.

26. (2006). *Techniques for assessing Mental health and appropriately treating mental disorder in older adults*, paper presented and participated in **National Seminar** on "Contribution of Indian Culture & Tourism to Sraman Tradition held from 23-25 Dec. 2006 at Parsvanath Vidyapeeth and Regional Culture center Varanasi, 2006.
27. (2007). "Anomia & Alzheimer's disease Paper presented and participated at UGC Academic Staff College B.H.U. Varanasi, 6 March, 2007.
28. (2007). *the social and ecological structure of the daily life of the elderly in Sanyasi and Sadhus tradition*. Paper presented and participated at **National Symposium** on "Contribution of Vedic Religious Psychosocial Perspectives held from 10-12 March 2007 organized by Research Institute of Human Culture Varanasi, 2007.
29. (2007). HIV/AIDS and life skills. Presentation and participated about *awareness of AIDS* as TOT of programme officer Indian Red cross Society ,UP State branch **HIV Youth peer education program** at IMA hall from 2-3Nov 2007.
30. (2008). "*Recognition and cued recall in dementia of the Alzheimer's type*" paper presented and participated at **National Conference** on Recent advancements in cognitive science, Deptt. Of Psychology, B.H.U., Varanasi, Dec. 19-21,2008.
31. (2010). *Present scenario of higher education in India*. Paper presented and participated in the **National Seminar** on Emerging dimensions of higher education: Challenges and solution on Sep11-12, at BHU Varanasi, 2010.
32. (2010). *an assessment of Environmental awareness and personality among teachers*. Paper presented and participated in **National conference** on guidance and counseling for the stress-ride youth: The present day need of the society held at Arya Mahila PG College Varanasi on Nov 22, 2010.
33. (2011). *Late life depression in a primary health center in Varanasi district*. Paper presented and participated in **National seminar** on the text and its interpretation: Indian philosophical context at Department of Philosophy and Religion, BHU Varanasi on 11-13 Jan, 2011.
34. (2011). *Anxiety and performance of sports participation*. Paper presented and participated in **National seminar** on Physical education and Sports: Current

- status and Future prospects at Jagatpur PG College Varanasi on 14-15 Feb, 2011
- 35.(2011). *Personality and Athlete's Performance*. Paper presented and participated in **National seminar** on Physical education and Sports: Current status and Future prospects at Jagatpur PG College Varanasi on 14-15 Feb, 2011.
  - 36.(2011). *Effect of some environmental factors in Mathematical creativity of secondary student of Varanasi*. Paper presented and participated in **National Conference** on Management of Innovation in Business and technology: New strides, at School of Management science (SMS) Varanasi on 19-20 Feb, 2011.
  - 37.(2011). *Seasonal changes in Psychological Wellbeing in an elderly population*. Paper presented and participated in **National Conference** on Management of Innovation in Business and technology: New strides, at School of Management science (SMS) Varanasi on 19-20 Feb, 2011.
  38. (2011). *Emotion Culture and Social Norms*. Paper presented in **National Seminar** on The relevance of social norms in modern times, Sponsored by UGC New Delhi, at DAV PG College Varanasi on 22-23 Feb.
  - 39.(2011). *Women's status and Mahatma Gandhi*. Paper presented in **National Seminar** on Gandhi ki drishti me samaveshi vikash, Sponsored by UGC New Delhi, at Agrasen Kanya PG College Varanasi on 5-6March.
  - 40.(2011). *Indian Foreign policy: A socio-Psychological perspective for world peace*. Paper presented in **National Seminar** on Indian foreign policy: Challenges and opportunities, Sponsored by UGC New Delhi, at DAV PG College Varanasi on 26-27 March.
  41. (2011). *Environmental influence and human behaviour*. Paper presented as guest speaker in **National conference** on controlling environmental pollution through water conservation for sustainable development, at Department of Philosophy and Religion, BHU Varanasi on 26-27 Nov.
  42. (2011). 10<sup>th</sup> **National conference** of Growth, Development and Behavioural Pediatrics of Indian academy of Pediatrics, 3-4Dec.
  - 43.(2011). *Implicit connection of human right and Psychology*. Paper presented in **National seminar** on Human Right Education, at Baldev PG College Baragaon Varanasi on 10-11 Dec.

44. (2012). *Globalization and its impact on families and mental health*. Paper presented in **National seminar** on sustained development in globalized era, Feb 3-4, at DAV PG College Varanasi
45. (2012). *Disability and poverty*. Paper presented in **National seminar** on Discourse on Poverty issues some myths and realities, Feb 25-26 at DAV PG College Varansi
46. (2012). *Social upliftment and Ambedkar's vision*, National seminar on Ambedker's vision on 21<sup>st</sup> century, 26 feb, at DAV PG College Varansi
47. (2012). *Stress management and the control of diabetes*. **National conference** on integrative approach to metabolic disorder, 10-11 november, at Banaras Hindu University.
48. (2012). *Medical aspects of Mental Retardation*. Organized by **local level committee** Varanasi sponsored by social justice ministry, March 25, at rifle club Varanasi.
49. (2012). Qualitative research for improved health program in rural areas. **National conference** on Integrative forming system.....opportunity, at faculty of art, BHU, Varanasi, 22-23 December
50. (2012). *Religion, spirituality and well-being*. **National conference** of Indian Association of Positive Psychology, at MGKVP Varanasi, December 24-26
51. (2012). How to improve your critical thinking? **State level seminar** on critical thinking and philosophizing, DAV PG College, Varanasi on date 22 December 2012
52. (2012). Yoga and Indian consciousness. **National seminar** on contribution of .....Indian thought, Sponsored by ICSSR New Delhi, at Department of Philosophy and Religion, BHU on date 26-28 December 2012
53. (2013). Mahatma Gandhi view on the basic issues of social change. **National Seminar on** Gandhian thought on social aspect, Sponsored by UGC, New Delhi, at DAV PG College, Varanasi, on date April 13-14, 2013
54. (2014). The role of emotion in gender justice. Regional symposium on men and boys for gender justice, on August 29<sup>th</sup> 2014, SB PG College, Baragaon.
55. (2014). the science of happiness and flourishing. **National seminar** on Spiritual .....Jainism, Sponsored by center for studies in civilization, New Delhi, at BHU on date 22-23 November 2014

- 56.(2015). Economic and social status of Tribal women. **National seminar** on Tribal society, culture and literature in perspective of 21<sup>st</sup> century, on date 11-12 April 2015
57. (2015). Role of Ambedkar in Indian society. **National Conference** on Role of Ambedkar in construction of India, at Baldev PG College Baragaon, Varanasi on date 14 April 2015
- 58.(2015). Mindfulness and Yoga. National yoga seminar on date 21<sup>th</sup> June 2015, BHU, Varanasi
- 59.(2015). Gandhian thought in independency of women. National seminar on Swalamban awm Koushal Vikash: Gandhi drishti, HCPG College, Varanasi on date June 28<sup>th</sup> -29<sup>th</sup> 2015
60. (2015). Clinical psychology symposium on occasion of 100<sup>th</sup> year celebration of BHU at Department of Neurology, **IMS, BHU** ON 17 JULY 2015.
61. (2016). Pleasure principle and personality. **National seminar on Anand Mimanmsa**, Organised by Mangla foundation Delhi on date 16-17 January
62. (2016). Women discrimination: conversation and conclusion, **International women's day**, march 8, 2016 at DAV PG College, Varanasi
63. (2016). Communication difficulties in children with Autism spectrum disorder. **National conference** on Accessible India: A vision, opportunity and challenges at K.N. Udappa Hall, BHU, Varanasi on date 26 march 2016
64. (2016). Management of emotional and mental conflict. **National conference** on Human health and Bahirang Yoga at SVD, BHU, Varanasi on date 27-29 March 2016
65. (2016). Role of emotional instability in barrier of education. Different barriers in student life. **State level seminar** at department of psychology, DAV PG College, Varanasi on date 13 April 2016.
- 66.(2016). Recognizing mental illness in children. State level seminar **on Child and youth mental health and its intervention**, 29<sup>th</sup> Sep, at Department of Psychology, DAV PG College, Varanasi.
- 67.(2016). The role of psychological counselor in our society. National seminar on occasion of Mental health day, Oct 10<sup>th</sup> , Nai subah Varanasi
- 68.(2016). "Personal judgment of worthiness, anxiety and stress in epileptic patients" ICSSR sponsored **National conference** on Psychology and today:

contemporary issues and interventions at MGKVP, Varanasi on date of 26-27 November 2016.

- 69.(2017). Gender inequality and FDI. UGC Sponsored **National conference** on FDI and its impact on Indian economy at Harishchandra PG College, Varanasi on date of 5-6 March 2017.
- 70.(2017). Psycho-social and legal aspect of disability. ICSSR sponsored **National Seminar on Protection and right of Divyang Children**, at DAV PG College, Varanasi on 18-19 March, 2017.
- 71.(2017). Role of languages in Indian politics. ICSSR sponsored **National Seminar on Indian Foreign policy**, at DAV PG College, on 22-23 April 2017.
- 72.(2017). Importance of stress relieving activities in daily living. State level seminar on feeling good and doing well, Sep 20<sup>th</sup> 2017, department of Psychology, DAV PG College
- 73.(2018).The psychology of happiness and tradition. ICPR Sponsored **National Seminar on The tradition of advaita----** at Department of Philosophy and Religion, BHU on date July 27<sup>th</sup> to 29 July 2018
- 74.(2018).Where does value come from? **National Seminar on The value, reality and Kasmir Shaivism ----** at Department of Philosophy and Religion, BHU on date Aug 14<sup>th</sup> 2018.
- 75.(2018). Upanyaso par manovigyan ka prabhaw. National seminar on Rahul sankrityayan aur aaj ka bharat at deptt of Hindi, DAV PG College on date 30-31 Oct, 2018.
- 76.(2018). Emotion regulation and mental health. State level seminar on Mental health and well being of young people at Deptt of Psychology, DAV PG College, Varanasi on 13<sup>th</sup> Oct, 2018.
- 77.(2019). Aphasia: Disorder of language. National symposium on Emerging trend in intervention of children with neurodevelopmental disorders organized by Deptt of Psychology, DAV PG College on 15<sup>th</sup> February, 2019.
78. (2019). Role of law and justice in achieving gender equality. Organized by Sexual harassment and violence committee on 15 March 2019 at DAV PG College, Varanasi.

79. (2019). Political Psychology and international relation. International politics and technical terminology. SPONSORED BY HRD Ministry and Higher education at DAV PG College, 29<sup>th</sup> -30<sup>th</sup> June 2019.
- 80.(2019). Financial literacy and behavioural finance. National seminar on Financial education ----. Organized by H.C.PG College, Varanasi on 15<sup>th</sup> July 2019.
- 81.(2019). Benefits of mindfulness. National symposium on Role of mindfulness, Savoring, Flow and Gratitude in promoting mental health and well being. Organized by Department of Psychology, DAV PG College, Varanasi on 5<sup>th</sup> Nov, 2019
- 82.(2020). Presented a paper entitled "Role of self images in personality development: Swami Vivekanand in national Seminar on National building--- --efficacy organized by Department of Political science, DAV PG College, Varanasi. February **07-09, 2020**.

### **Workshop Attended**

#### **International**

1. International workshop on vipassna (UGC SPONSORED) held at center for Buddhist studies, AMPG College, Varanasi from 26<sup>th</sup> Sep 2016 to 02<sup>nd</sup> Oct 2016.
2. International consultative workshop on child labor: issues and the way forward on 1<sup>st</sup> April 2019, organized by Department of economics, DAV PG College.
3. International consultative workshop on Women's world of work: issues and challenges on 7<sup>th</sup> June, 2019 organized by Department of economics, DAV PG College.

#### **(National)**

4. State level workshop on "**Summit of minds**" held at Varanasi-2004, organized by integrated institute for the disabled, Varanasi rehabilitation council of India.
5. Special course on **search and rescue** held at National Civil Defense College Nagpur from 28 Aug to 31 Aug 2007

6. Three day Workshop on **Career Counseling** at Officer training Academy, Kamptee, Nagpur, from 18-20<sup>th</sup> September 2007
7. National Workshop on **Application of information technology in counseling** and Guidance, at Department of Psychology, Harischandra PG College Varanasi on 23-24 Oct 2010
8. UGC sponsored National Workshop entitled **“Psychological effect of Ganghian thought on Individual transformation and reconstruction of society”** from **January 30 to February 06, 2013.**
9. National workshop on **Stree vimardh** at DAV PG College, Varanasi on date 23-29 October, 2013
10. National workshop on **Graphology and Hand writing analysis** at DAV PG College, Varanasi on date 6-13 January, 2014
11. National workshop on **Understanding mental health issues and outcome: An interface between psychiatry and psychotherapy** at DAV PG College, Varanasi on date 3-12 April, 2015
12. National Yoga workshop on **Technique of yoga** at amphitheatre ground, BHU on date 11-20 June 2015
13. National workshop on **Assessing the E- resource (N-List) of library and its applications** at DAV PG College, on 9-16 February 2016
14. National workshop on Women’s health: SOME ISSUES at DAV PG College, on 20 February 2016
15. National workshop on Jyotish and karmkand at Department of Sanskrit, DAV PG College, Varanasi on date of 20-29 October 2016
16. **10 days training workshop** on “theoretical and empirical aspects of research methodology”, 7<sup>th</sup> to 16<sup>th</sup> November 2016, DAV PG College, Varanasi.
17. **10 days National workshop** on Statistical techniques and software tools for data analysis, 20-30 January, 2017, Department of commerce and research assessment committee, DAV PG College.
18. **UGC Sponsored 7 days National workshop on Research methods and statistical measures in behavioral science**, Organized by Deptt of Physical education, MGKVP from 8<sup>th</sup> to 14<sup>th</sup> February 2017.

19. **10 days National workshop** on Psychological assessment and person enrichment, 8<sup>th</sup> to 17<sup>th</sup> Feb 2018, Department of Psychology, DAV PG College, Varanasi
20. **08 days National workshop** on Phonetics, phonology and effective communication, January 23<sup>rd</sup> to 30<sup>th</sup>, 2018, Department of English, DAV PG College, Varanasi.
21. **08 days National workshop** on Scale development, Rorschach ink blot test, and IQ test, 27/02/2019 to 04/03/2019, at Department of Kayachikitsa, IMS, BHU.
22. **National workshop** on Health, wealth and happiness: Psychological science on 25<sup>th</sup> September, 2019, organized by Department of Psychology, DAV PG College, Varanasi.
23. **National workshop** on Issues and challenges of Indian economy on 13<sup>th</sup> -20<sup>th</sup> November, 2019 organized by Department of Economics, DAV PG College, Varanasi.
24. **3<sup>RD</sup> National workshop** on Statistical techniques for data analysis using software tools SPSS and R, on January 16<sup>th</sup> to 31<sup>th</sup> 2020.
25. **National workshop** on Organizational leadership: Generating extraordinary organizational performance on 11<sup>th</sup> January, 2020, organized by SMS, Varanasi.
26. **National workshop** on Research methodology and Statistical Analysis using software tools SPSS and AMOS, on February 13<sup>th</sup> to 20<sup>th</sup> 2020, Organized by Department of Psychology, DAV PG College.

#### **Training program**

1. Intensive skill development program on cognitive behavior therapy at Department of psychology, DAV PG College, Varanasi on 12-13 November 2016.
2. Disaster response training module on disaster management, Organized by 11 National disaster response force, Varanasi from 26 Sep to 28 Sep 2017.
3. Intensive training program on Life management skills at Department of psychology, DAV PG College, Varanasi on 17<sup>th</sup> April 2018.

## **Supervision of PG Diploma in counseling and Psychotherapy Dissertation**

### **Session 2014-2015**

1. Forgiveness of elderly in relation to their mental health: A comparative study : Alpana Dwivedi
2. Death Anxiety and religiosity among the elderly in Varanasi: Khushboo Rai

### **Session 2015-2016**

3. Social Maturity and communication skills among children with Autism spectrum : Roshni Singh
4. Empathy and adaptive behavior among children with Autism spectrum : Minakshi Mishra
5. Self esteem and stress in relation to their cognition in epileptic patients : Archana Dwivedi
6. Cognitive and social skills among children with autism spectrum : Sudarshan Prasad Patel
7. Feelings of inadequacy and suicidal ideation between epileptic and healthy person : Sweety Kumari
8. Spiritual intelligence and quality of life among elderly population : As function of cognition : Reetika Jaiswal

### **Session 2016-2017**

9. Cognitive distortion and fear of negative evaluation in skin patients : Aditi singh
10. Self confidence, Parenting style and cognitive emotion regulation among adolescents : Richa Sonal

### **Session 2017-2018**

11. Meta cognition and stress in patient with obsessive compulsive and depression : Shipra Singh
12. Forgiveness, trait emotional intelligence and happiness among adolescent and adult : Arpita Tripathi

### **Session 2018-2019**

13. The role of parenting style in emotional regulation and behavioural problems in adolescent : Anuska Singh
14. Role of ageing perception on mental health and life satisfaction of elderly with mobile users : Prarthna Sharma
15. Role of self esteem and resilience in mental health of type-2 diabetic patients : Sonali Gupta

## **Supervision of PG Dissertation**

### **Session 2014-2015**

16. Parental stress and quality of life among parent of children with Bronchial Asthma : Rakhi Gupta

17. Measuring value orientations across culture : Zakir Hussain
18. Psychometric properties of geriatric depression scale: Abhishek Kumar mishra

**Session 2015-2016**

19. Quality of life, perceived stress and generalized expectancy of patient with epilepsy : Maitrayee Sen
20. Social intelligence and life orientation in adolescent boys and girls with different academic discipline : Abhay Singh

**Session 2016-2017**

21. Percieved Stress, Life Orientation and Cognitive Emotion Regulation among School Teachers : Saurabh Pandey
22. Astudy of dispositional mindfulness and self compassion among adolescent : Mahesh kumar

**Session 2017-2018**

23. Impact of gratitude and resilience on mental health : Ademographic picture : Rohan Rawat

**Session 2018-2019**

24. Impact of brain waves on cognitive markers : Saurabh Sharma
25. Assessment of coping strategies, personality traits, sensation seeking and craving behavior among different types of tobacco users students of Banaras Hindu University : Md Javed

**Session 2019-2020**

26. A comparative study of emotional intelligence, aggression and personality traits in athletes and non athletes : Tulika Sarkar
27. Impact of internet addiction on self esteem and procrastination :Rohan kumar Das

**Other professional/academic activities**

1. Presented "Communication and Language" in Pre and Late Childhood. **Telecast Programme by Doordarshan** Kendra Varanasi 2004.

2. Presented "Depression is Terrible Problem in Present situation. Telecast programme by **Doordarshan Kendra** Varanasi 2005.
3. Presented "Gradual Decline of Educational Level and its resolution by **Doordarshan Kendra** Varanasi 2006.
4. Sports certificate awarded, under PRCN/SD/140 course held on 6.8.07 at **NCC Officer Training Academy Kamptee**.
5. Participated in Cultural Programme held at NCC OTA Kamptee-25.08.07
6. Interesting talk about distress in adolescents. Telecast Programme by **Doordarshan Kendra Varanasi 2016**.
7. Talk about different aspects of personality development. Telecast Programme by **Doordarshan Kendra Varanasi 2018**.
8. Talk about Mental health and well-being of adolescent during Covid-19 and lockdown. Telecast Programme by **Doordarshan Kendra Varanasi 2020**.

*(DR. S. Gopal Jee)*